

HAF Menus Summer 2024

Menu Week 1 – Week 54

	31/07/2024	07/08/2024	14/08/2024	21/08/2024	22/08/2024
<b>Main 1</b>	Chicken Goujons served with a wrap	Roast Chicken served with stuffing ball and gravy	Bolognaise Pasta Bake	Roast Beef served with Yorkshire pudding and gravy	Summer BBQ (Lincolnshire Sausage, Beef Burger)
<b>Main 2</b>	Vegetable Nuggets	Quorn Roast served with stuffing ball and gravy	Vegetable and Lentil Pasta Bake	Quorn Roast served with Yorkshire pudding and gravy	Summer BBQ (Quorn Sausage, Vegetable Burger)
<b>Main 3</b>	Jacket Potato served with Cheese and side salad	Jacket Potato served with Cheese and side salad	Jacket Potato served with Cheese and side salad	Jacket Potato served with Cheese and side salad	Jacket Potato served with Cheese and side salad
<b>Accompaniment 1</b>	Seasoned Wedges	Roast Potato	Garlic Bread	Mashed Potato	Seasoned Wedges
<b>Accompaniment 2</b>	Mixed Salad Mayonnaise Sachet	Carrots Peas	Broccoli Sweetcorn	Carrots Peas	Salad Sticks
<b>Dessert 1</b>	Coco Sponge	Raspberry and Coco Sponge	Summer Berry Flapjack	Lemon Drizzle Cake	Coco and Orange Sponge Cake
<b>Dessert 2</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

**Packed Lunches**

<b>Items</b>
<b>Ham Baguette (Sandwich Option 1)</b>
<b>Cheese Baguette (Sandwich Option 2)</b>
<b>Cheese and Crackers</b>
<b>Carrot and Cucumber sticks</b>
<b>Sultana Flapjack (Dessert Option 1)</b>
<b>Fat Free Yoghurt (Dessert Option 2)</b>
<b>Fresh Fruit</b>
<b>Bottle of Water</b>

**Breakfast Menu**

<b>Option 1</b>	<b>Toast with low fat spread</b>
<b>Option 2</b>	<b>Low Sugar, Wholegrain Low Sugar Cereals (Shreddies, Cornflakes and Weetabix) with Low Fat Milk</b>
<b>Option 3</b>	<b>Seasonal Fruit</b>