



North Wolds Federation Intent Statement

Physical Education

At the North Wolds Federation we aim to physically educate every child. We aim to ensure that every child is inspired to participate in inclusive sport and other physically demanding activities. We plan to progress and develop their knowledge, skills and vocabulary which is necessary to perform a variety of physical activities. We ensure that the structure of our curriculum meets the needs of all our learners' promoting physical health, confidence and self-esteem. We are conscious of health statistics in West Lindsey and prioritise the awareness and importance of healthy eating and physical fitness and how these will lead to an improved quality of life. Through competition, internal and external, we develop their resilience and drive for success, this in turn enables them to excel and overcome challenges. As a result of our continued commitment to intra and inter school competition our children are taught how to be good winners and losers, appreciating the value and importance in both outcomes. Our curriculum aims to have a positive effect on the mental health of our learners giving them the personal, interpersonal and social skills to be successful in life. They also develop tolerance for others whilst cooperating in teams and a respect for one another's ideas and value within a team. Through our extensive commitment to swimming we ensure a high level of success in proficient and competent swimmers. Finally, we also ensure that through extra-curricular activities we promote a healthy and active mind set across our Federation.



Market Rasen C of E Primary School, one of the schools in our Federation, is a proud Church School. The aspects of the [Church School Vision](#) that relate to our Physical Education include:

- **“We educate each person” & “Our inclusive school community”**; all children will access the Physical Education curriculum, even if they have complex needs or disabilities.
- **“Respecting individual differences”**; adjustments will be made for children that need them when learning this subject. This could be adapted activities adapted resources or adult support.
- Help children to be **“Spiritually aware”** when they consider the wonder of the human body and physical activity. More information about this can be found in the Spirituality Policy.
- **“Start children off on the way they should go”**; we are preparing for children to be active throughout their lives which will improve their physical and mental health.
- To help children achieve their **“Dreams and goals”** if they believe their future lies within this subject area in further education, the workplace, a hobby or an even an interest.

